



XDX
XTREME DANCE XPERIENCE

Divisions & Categories

xdx.dance

XDX Dance All Star Divisions for 2018 -2019

Jazz, Pom, Hip Hop, Contemporary / Lyrical, Kick, Variety (including PREP categories)				
Division	Age	Ages as of (date)	Gender	Number on Team
Tiny Novice	3-6 years old	August 31, 2018	Female/Male	4+ Dancers
Tiny Competitive	4-6 years old	August 31, 2018	Female/Male	4+ Dancers
Mini Small	5-9 years old	August 31, 2018	Female/Male	4-14 Dancers
Mini Large	5-9 years old	August 31, 2018	Female/Male	15+ Dancers
Mini Co-Ed	5-9 years old	August 31, 2018	Female/Male	4+ Dancers
Mini Male	5-9 years old	August 31, 2018	NO Females	4+ Dancers
Youth Small	7-12 years old	August 31, 2018	Female/Male	4-14 Dancers
Youth Large	7-12 years old	August 31, 2018	Female/Male	15+ Dancers
Youth Co-Ed	7-12 years old	August 31, 2018	Female/Male	4+ Dancers
Youth Male	7-12 years old	August 31, 2018	NO Females	4+ Dancers
Junior Small	9-15 years old	August 31, 2018	Female/Male	4+ Dancers
Junior Large	9-15 years old	August 31, 2018	Female/Male	15+ Dancers
Junior Co-Ed	9-15 years old	August 31, 2018	Female/Male	4+ Dancers
Junior Male	9-15 years old	August 31, 2018	NO Females	4+ Dancers
Senior Small	11-18 years old	August 31, 2018	Female/Male	4-14 Dancers
Senior Large	11-18 years old	August 31, 2018	Female/Male	15+ Dancers
Senior Co-Ed	11-18 years old	August 31, 2018	Female/Male	4+ Dancers
Senior Male	11-18 years old	August 31, 2018	NO Females	4+ Dancers
Open Small	14+ years	December 31, 2019	Female/Male	4-14 Dancers
Open Large	14+ years	December 31, 2019	Female/Male	15+ Dancers
Open Co-Ed	14+ years	December 31, 2019	Female/Male	4+ Dancers
Open Male	14+ years	December 31, 2019	NO Females	4+ Dancers

XDX Dance SCHOOL Divisions for 2018 -2019

Jazz, Pom, Hip Hop				
Division	Age	Ages as of (date)	Gender	Number on Team
Elementary Small	6-10 years old	August 31, 2018	Female/Male	4-12 Dancers
Elementary Medium	6-10 years old	August 31, 2018	Female/Male	13-16 Dancers
Elementary Large	6-10 years old	August 31, 2018	Female/Male	17+ Dancers
Middle School / Jr. High Small	11-14 years old	August 31, 2018	Female/Male	4-12 Dancers
Middle School / Jr. High Large	11-14 years old	August 31, 2018	Female/Male	13-16 Dancers
Middle School / Jr. High Medium	11-14 years old	August 31, 2018	Female/Male	17+ Dancers
Junior Varsity Small	15-18 years old	August 31, 2018	Female/Male	4-12 Dancers
Junior Varsity Medium	15-18 years old	August 31, 2018	Female/Male	13-16 Dancers
Junior Varsity Large	15-18 years old	August 31, 2018	Female/Male	17+ Dancers
Varsity Small	15-18 years old	August 31, 2018	Female/Male	4-12 Dancers
Varsity Medium	15-18 years old	August 31, 2018	Female/Male	13-16 Dancers
Varsity Large	15-18 years old	August 31, 2018	Female/Male	17+ Dancers

XDX Dance REC Divisions for 2018 -2019

Jazz, Pom, Hip Hop				
Division	Age	Ages as of (date)	Gender	Number on Team
Tiny	3-6 years old	August 31, 2018	Female/Male	Unlimited
Mini	5-9 years old	August 31, 2018	Female/Male	Unlimited
Youth	7-12 years old	August 31, 2018	Female/Male	Unlimited
Junior	9-15 years old	August 31, 2018	Female/Male	Unlimited
Senior	11-18 years old	August 31, 2018	Female/Male	Unlimited

XDX Xceptional Divisions for 2018 -2019

All Star Xceptional (Special Needs)				
Division	Age	Ages as of (date)	Gender	Number on Team
Xceptional	Any Age	Not applicable	Female/ Male	Unlimited

XDX Dance Xhibition Divisions for 2018 -2019

Dance (Xhibition) Level I					
Level	Division	Age	Ages as of (date)	Gender	Number on Team
I	Tiny	3-6 years old	August 31, 2018	Female/ Male	4+ Dancers
I	Mini	5-9 years old	August 31, 2018	Female/ Male	4+ Dancers
I	Youth	7-12 years old	August 31, 2018	Female/ Male	4+ Dancers
I	Junior	9-15 years old	August 31, 2018	Female/ Male	4+ Dancers
I	Senior	11-18 years old	August 31, 2018	Female/ Male	4+ Dancers
Dance (Xhibition) Level II					
Level	Division	Age	Ages as of (date)	Gender	Number on Team
II	Mini	5-9 years old	August 31, 2018	Female/ Male	4+ Dancers
II	Youth	7-12 years old	August 31, 2018	Female/ Male	4+ Dancers
II	Junior	9-15 years old	August 31, 2018	Female/ Male	4+ Dancers
II	Senior	11-18 years old	August 31, 2018	Female/ Male	4+ Dancers
Dance (Xhibition)Level III					
Level	Division	Age	Ages as of (date)	Gender	Number on Team
II	Youth	7-12 years old	August 31, 2018	Female/ Male	4+ Dancers
II	Junior	9-15 years old	August 31, 2018	Female/ Male	4+ Dancers
II	Senior	11-18 years old	August 31, 2018	Female/ Male	4+ Dancers



XDX Dance Studio Divisions for 2018 -2019

Jazz, Pom, Hip Hop, Contemporary / Lyrical, Kick, Open (Kick/Variety), Step, Tap				
Division	Age	Ages as of (date)	Gender	Number on Team
Petite Novice	4 & under	September 1, 2018	Female/Male	Unlimited
Petite Novice	5-6 years old	September 1, 2018	Female/Male	Unlimited
Petite Novice	7-8 years old	September 1, 2018	Female/Male	Unlimited
Junior Novice	9-11 years old	September 1, 2018	Female/Male	Unlimited
Junior Intermediate	9-11 years old	September 1, 2018	Female/Male	Unlimited
Teen Intermediate	12-14 years old	September 1, 2018	Female/Male	Unlimited
Teen Elite	12-14 years old	September 1, 2018	Female/Male	Unlimited
Senior Intermediate	15-16 years old	September 1, 2018	Female/Male	Unlimited
Senior Elite	17-19 years old	September 1, 2018	Female/Male	Unlimited
Adult	20+ years old	September 1, 2018	Female/Male	Unlimited

Novice: 2 hrs or less in Studio and 0-2 years experience

Intermediate: 5 hrs or less in Studio and 3+ years experience

Elite: 5+ hrs in Studio and 5+ years experience

XDX Dance SPECIALTY Divisions for 2018 -2019

Dance SPECIALTY Solo					
Level	Division	Age	Ages as of (date)	Gender	Number on Team
Solo	Tiny	6 years & younger	August 31, 2018	Female/Male	1 Member
Solo	Mini	8 years & younger	August 31, 2018	Female/Male	1 Member
Solo	Youth	11 years & younger	August 31, 2018	Female/Male	1 Member
Solo	Junior	14 years & younger	August 31, 2018	Female/Male	1 Member
Solo	Senior	18 years & younger	August 31, 2018	Female/Male	1 Member
Solo	Open	17 + years	August 31, 2018	Female/Male	1 Member
Dance SPECIALTY Duet					
Level	Division	Age	Ages as of (date)	Gender	Number on Team
Duet	Tiny	6 years & younger	August 31, 2018	Female/Male	2 Members
Duet	Mini	8 years & younger	August 31, 2018	Female/Male	2 Members
Duet	Youth	11 years & younger	August 31, 2018	Female/Male	2 Members
Duet	Junior	14 years & younger	August 31, 2018	Female/Male	2 Members
Duet	Senior	18 years & younger	August 31, 2018	Female/Male	2 Members
Duet	Open	17 + years	August 31, 2018	Female/Male	2 Members
Cheer SPECIALTY Trio - Ensemble					
Level	Division	Age	Ages as of (date)	Gender	Number on Team
Trio /Ensemble	Mini	8 years & younger	August 31, 2018	Female/Male	3+ Members
Trio /Ensemble	Youth	11 years & younger	August 31, 2018	Female/Male	3+ Members
Trio /Ensemble	Junior	14 years & younger	August 31, 2018	Female/Male	3+ Members
Trio /Ensemble	Senior	18 years & younger	August 31, 2018	Female/Male	3+ Members
Trio /Ensemble	Open	17 + years	August 31, 2018	Female/Male	3+ Members

