



## **AGE RANGES, LEVELS, RULES & REGULATIONS**

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Dancers age as of January 1, 2023.

Soloists are limited to a total of 3 entries.

Duet/trios and groups-The dancers' ages will be averaged to determine the age category and group. If more than half of a group is 2 years older than the category age the group will be bumped up to the next age group level.

**Petite** - 4 & under, 5-6, 7-8

**Junior** - 9, 10, 11

**Teen** - 12, 13, 14

**Senior** - 15, 16, 17-19

**Adult** - 20 and up

### **STUDIO XTREME DANCE LEVELS**

#### **XPLOER (Novice level)**

2 hours or less of dance person week and 0-2 years dance experience. For less experienced dancers. Not eligible for high point awards. Level determined by studio owner/teacher.

#### **XPLOSION (Intermediate level)**

Dancers with previous dance experience (3 or more-years' experience) but are training less than 5 hours per week. Level determined by studio owner/teacher.

#### **XCELERATOR (Advanced/Elite level)**

Dancers with 5 or more years dance experience, training 5 or more hours of dance per week and are competing in several routines. Level determined by studio owner/teacher.

#### **XCEPTIONAL (Special Needs level)**

For Special needs dancers or dancers with disabilities with a desire to perform. Their achievements will be recognized and rewarded with all other levels.



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### **ADJUDICATION AWARDS**

Each entry in the Xcelerator (Elite), Xplosion (Intermediate), and Xplorer (Novice) Competition Levels will be judged on a point system. Each entry will receive a ranking of Platinum, Elite Gold, Gold, or Silver based on their own score. In addition, a first-place trophy will also be awarded to the routine with the highest score in each age/performance division. If there is only one entry in a division, a first-place trophy will be awarded only if that entry receives Gold ranking or higher. If there are 2 or more entries in a division, the trophy will go to the highest scoring routine regardless of ranking.

The Adjudication breakdown is as follows:

#### **XPLORER LEVEL (Novice)**

273-300 XTREME (PLATINUM LEVEL)

260-272.9 ELITE GOLD

246-259.9 GOLD

219-245.9 SILVER

Below 219 BRONZE

#### **XPLOSION LEVEL (Intermediate)**

276-300 XTREME PLATINUM

265-275.9 ELITE GOLD

255-264.9 HIGH GOLD

228-254.9 GOLD

Below 228 HIGH SILVER



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### **XCELERATOR LEVEL (Advanced/Elite)**

280-300 XTREME PLATINUM

269-279.9 ELITE GOLD

256-268.9 HIGH GOLD

240-255.9 GOLD

Below 240 HIGH SILVER

### **JUDGES CHOICE AWARDS**

Judges will select four (4) special awards at the end of group competition:

1. **The In Xcess Award** for Best group Choreography. Plaque will be awarded.
2. **The Xtravaganza Award** for Most Entertaining group. Plaque will be awarded.
3. **The Studio Xcellence Award** based on the overall studio technique and number of entries
4. The **Studio Xcellence** award winner will receive a banner for the Studio.

**XTREME GRAND CHAMPION AWARD** for the highest scoring group of the day.

The winner of this award will receive a banner for the studio, medals for each participant, grand champion jackets for the participants and owner/teacher and a \$200 gift certificate toward a future Studio XTREME competition registration.

### **STUDIO XTREME JUDGING**

All **Studio XTREME**- Entries will be judged on a 100-point scale by three qualified dance judges. The combined total of the judges will determine your adjudicated award. Judges will judge the following categories:



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Technique -30 points

Performance quality and showmanship- 15 points

Musicality and execution - 20 points

Difficulty - 15 points

Choreography -20 points

### **STUDIO XTREME CATEGORIES**

Studio Xtreme will offer the following categories for each age range in the divisions of solos, duet/trios, small groups, large groups, lines, and productions: Tap, ballet, pointe, modern, open, pom, jazz, hip hop, contemporary, lyrical, acro and musical theater (NO SINGING). The acro division will be limited to no more than two (2) aerial tricks and two (2) tumbling passes and must have dance choreography showing controlled moves and contortions work.

### **TIME LIMITS**

Performances may be less than the time allotted but must be at least 1:45 to be consider for overall placement. A two (2) point deduction will be made for routines that go over the time allowed for their division.

Solos 2:30

Duet/trios 2:30

Small groups (4-10 dancers) 2:30

Large groups and Lines (11-15 dancers) 3:00

Lines (16-20 dancers) 3:00

Production (20 or more dancers) 8:00 which includes set up



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### **MUSIC REQUIREMENTS**

Each entry must furnish its own music marked with the contestant number on a flash drive, iPod/iPad, clean CD, or music may be up-loaded through our registration portal which is preferred. Music must be uploaded three (3) days prior to the event. Music on cell phones is acceptable only if a studio representative is with the phone to play the music and remains with the phone until the routine is completed. All alerts and alarms should be turned off and the phone should be in airplane mode or do not disturb with the lock screen disabled prior to approaching the music table. It is recommended that you bring a second copy as a backup in the event of malfunction of original. If submitting an iPod/iPad, each song should be on its own playlist. Music left at the event will not be saved.

### **TITLE DIVISION**

Soloist may enter one (1) solo routine in any genre for the title of **Miss or Mr. XTREME**. Title entries must be of at least the Xplosion level to be eligible for Title.

The Title Fee must be paid online prior to the event. No title submissions will be added once the final schedule is completed prior to competition and no additions will be accepted the day of competition. Deductions of 5 points will be made for dancers leaving the stage without completing their performance. They may be given an opportunity to perform again later in the schedule but will not be eligible for Title or an overall award.



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### **Title division participants will be Judged on the following:**

Technique- 35 points

Stage Presence- 20 points

Choreography- 20 points

Difficulty- 15 points

Costume and Overall Appearance- 10 points

### **Title breakdown:**

Little Miss or Mr. XTREME- ages 7-9

Junior Miss or Mr. XTREME- ages 10-12

Teen Miss or Mr. XTREME- ages 13-15

Senior Miss or Mr. XTREME- ages 16-18

Title winners will receive a crown, a special individual banner, an XDX jacket, recognition on Xtreme Dance Xperience social media pages. Title winners' photographs will be featured on Xtreme Dance Xperience brochures and media the following season

## **XTREME SHOWDOWN**

This is your studios opportunity to show your spirit! During competition, the judges will have the opportunity to ring the "Xtreme Bell" when they see a group routine that has that extra bit of energy that makes them want move. If your group hears the **"Xtreme Bell"** at the end of their performance, then your group has the opportunity to perform that routine before awards and compete against other studios in **THE**



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**XTREME SHOWDOWN.** This is when moms, dads, friends, and family show which studio has the best fans and crowd appeal. The winning studio gets a huge banner for the studio and bragging rights as the most energetic studio of the competition. A photo of the entire program with the banner will be shared on Xtreme Dance Xperience social media pages and brochures for next season.

### **PAYMENT**

Entries must be entered and paid online via credit card or electronic check 30 days prior to competition. Entries **registered** and **paid** 60 days prior to the competition receive the early pricing. Refunds cannot be issued.

### **ACCEPTANCE**

All entries must be submitted from a studio through the online registration portal. No independent entries will be accepted. Entries will be limited by the amount of performance time available. No phone, fax or mailed registrations will be accepted.

### **PHOTOGRAPHY**

All types of media capturing devices are strictly prohibited during performances. This includes, but not limited to video cameras, cell phones, iPad, or other tablets. No still photography allowed! Failure to comply with this rule could result in disqualifications. We reserve the right to remove individuals disregarding this rule from the performance venue.

Onsite photography of all material will be available for purchase at the venue during the competition.



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## **SPORTSMANSHIP**

Sportsmanlike behavior is expected from all contestants, teachers, and families at all times. Failure to display proper decorum could result in immediate disqualification.

## **GLOSSARY**

**TAP** – Routine should contain tap technique. 1 ACROBATIC TRICKS ALLOWED.

**JAZZ** – Routine should contain jazz technique and up to 3 ACROBATIC TRICKS ARE ALLOWED.

**LYRICAL** – Routine should utilize lyrical style to show extension, balance, as well as showing an interpretation of the music. 3 ACROBATIC TRICKS ALLOWED.

**CONTEMPORARY** – Routine should utilize contemporary style to show emotion, extension, balance, as well as showing an interpretation of the music. ACROBATIC TRICKS ALLOWED.

**MODERN** – Abstract in nature, modern dance style. ACROBATIC TRICKS ALLOWED.

**BALLET** – Routine should contain ballet technique while incorporating classical movements. NO ACROBATIC TRICKS ALLOWED.

**POINTE** – Routine should consist of pointe technique, incorporating classical ballet movements. NO ACROBATIC TRICKS ALLOWED.

**HIP-HOP** – Street style of dance that includes Hip/Hop choreography with focus on utilization of style, flow, and isolation to create dynamic movements ACROBATIC TRICKS ARE ALLOWED. Headsprings, kip ups, and head stands are also allowed in this genre.

**POM**– Routine incorporates visual, precise, and defined movements with an emphasis on clean, sharp motions. May contain aerial cartwheels and walkovers, while maintaining control of both poms in one hand or using hands free poms.



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**OPEN**– Routine demonstrates any or a combination of any dance style

**ACRO** – Routine should show flexibility and controlled moves such as headstands, walk-overs, tensicas, and contortion work. Acrobatic routines **MUST** contain dance choreography.

